



Sydenstricker School, Inc.

7001 Sydenstricker Road • Springfield, Virginia 22152 • 703-451-4141
www.sydenstrickerschool.com

INFECTION CONTROL

It is inevitable that children will get sick. As children begin to have contact with the world outside that of their own families, they come into contact with germs and bacteria that are foreign to their bodies. This is the way they build immunities. COVID-19, its variants, and MIS-C has changed the lens in which we measure what we considered an everyday cold or fever. In a school setting, it is possible that the illness of one child can spread rapidly through the group to other children and staff members if stringent measures to prevent this spread are not taken.

For this reason, the staff at the school will take constant precautions to prevent the spread of disease. Many common childhood diseases are contagious. They are spread by germs which may be spread in several ways. Intestinal tract infections are spread by stool. Respiratory tract infections are spread through coughs, sneezes, and runny noses. Other diseases are spread through direct contact. We are still learning about COVID-19, its variants, and MIS-C and there are multiple symptoms that make this illness so hard to predict. That is why we have to be even more vigilant. Careful hand washing by staff and children greatly reduces the risk of spreading illnesses. Other precautions include working to maintain sanitary conditions throughout the school and separating sick children from those that are well.

You, the parents, can help us in an effort to keep your children healthy. We ask your cooperation in the following ways:

- A parent or designee will have to acknowledge responsibility that they will be in compliance with requirements on a weekly basis during the pandemic by signing a waiver.
- If your child has been exposed to any communicable disease, we ask that you notify us of the exposure.
- Children or staff with household members who are known to have COVID-19 or a COVID-19 variant should be excluded from the child care facility.
- Children or staff with fever of 100.4° F or higher, cough, or shortness of breath must be excluded from child care facilities and isolated from others.
- If your child appears cranky (not moody) or less active than usual, or just seems generally unwell, your child must stay at home.

If your child shows any of the symptoms listed below, you will be called and asked to come immediately to get your child. If you cannot pick them up within the hour, an emergency contact will be called. This measure is in place to protect other children and staff. If your child has any of the following symptoms at home, we ask that you keep him/her out of school until your physician says it's acceptable to return. A release/note from the doctor will be required (electronic form is acceptable).

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| • Fever – 100.4 degrees orally (or higher) | • Chills/Shaking with chills | • Unusual spots or rashes |
| • Severe coughing – dry or uncontrolled - child gets red or blue in the face – child makes high pitch croupy or whooping sounds after the coughs | • Muscle pain | • Sore throat or trouble swallowing |
| • Difficult or rapid breathing | • New loss of taste or smell | • Infected skin patches |
| | • Yellowish skin or eyes | • Headache and stiff neck |
| | • Pinkeye – tears, redness of eyelid lining, followed by swelling & discharge of pus | • Vomiting (of any kind) |
| | • Diarrhea | • Severe itching or body or scalp |

PARENTAL AGREEMENT

I have read and understand the attached infection control policy, and I agree to abide by them for the protection of my child as well as the other children and staff members at Sydenstricker School.

Child's Name: _____

Parent • Guardian Signature

Date